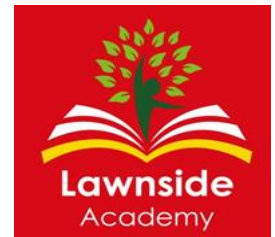


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Dear Parents/Carers,

We are pleased to be able to offer your child the opportunity to take part in an "off-road", Bikeability Level 1. This will take place on the school playground and is designed to teach your child the skills required to safely control a bicycle. It will not however mean that your child will then be ready to cycle on the road. That stage will not be reached until they are aged 9-10 when it may be possible for them to participate in a Level 2 Bikeability. The instructor is qualified to instruct to the new National Cycling Standards. More details may be found at www.bikeability.dft.gov.uk

The Bikeability Level 1 course will be a two hour session which will include a half time rest break. Following on from the lesson we hope that you will have the time to spend with your child for them to practise all they have learnt and further improve their confidence over time.

The course will commence on **Thursday 28th March @ 1pm**

Before sending your child on the course please make sure that their bicycle is the correct size and in good order. Enclosed is a bicycle check sheet to assist you in preparing for the course. We will be doing a basic bike check before allowing them to ride. Children with unsafe bikes will not be allowed to take part. **Also, will you please ensure that your child has a suitable cycle helmet that has been correctly fitted along with appropriate clothing as courses still run if it is raining or cold.**

There is an online consent form that needs to be completed. www.bit.ly/rab1consent
The deadline for completing this is Monday 18th March 2019

Everyone taking part will receive a copy of the Junior Highway Code. All those children who achieve the course objectives will receive a certificate and a badge.

Please not that only 10 spaces are available and places will be allocated on a "first come, first served" basis. The first 10 people to complete the online consent form will confirm their place.

Yours faithfully

L Holden